



Ahmed Nazimuddin, MD

SPECIALTIES: Geriatric Medicine, Family Medicine

EDUCATION: Medical Doctor, American Board of Family Medicine

CLINICAL EMPHASIS: Addressing the unique health needs of older adults while helping them manage chronic diseases and empowering them to take control of their health.

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How did you choose your specialty?

Part of my residency training involved nursing home visits. I enjoyed interacting with these patients and learning from their amazing life experiences. This was further cemented when I worked at the VA as a part of my Geriatrics fellowship. I saw that I could make a positive difference with older adults as they advanced through life.

What do you enjoy most about being a physician?

The meaningful interaction with my patients and families. I consider myself an advocate for their needs and I enjoy building trust with my patients as they navigate their health journey.

What is your philosophy of care?

Older adults have unique health needs that are often overlooked. Effective management of chronic diseases and concerns means working with my patients to understand their goals and keeping care discussions transparent and aspirational, so they feel empowered to take control of their health.

What are your hobbies and interests?

When away from the clinic, I enjoy golf, traveling and spending time with my family.

Why did you decide to become a physician?

My decision to become a doctor was driven by values instilled in me by my faith and my parents. I wanted to help others regardless of their circumstances and make a positive difference in the world.

Services we offer include:



We understand the importance of building a **strong, trusting relationship** with our patients and their families. We take the time to **listen** to your concerns and work together to develop a **personalized care plan** that meets your individual needs.

If you or a loved one are looking for **compassionate, high-quality physician services for older adults**, please contact us to schedule a consultation. We look forward to meeting you and working together to support your health and well-being.



**CALL AND SCHEDULE YOUR
APPOINTMENT TODAY**

ARLINGTON HEIGHTS

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