



Enas Kanama, MD

SPECIALTIES: Family Medicine

EDUCATION: Medical Doctor, American Board of Family Medicine

CLINICAL EMPHASIS: Full Spectrum Primary Care with Emphasis on Adult Medicine, Acute and Subacute Care

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How did you choose your specialty?

Family medicine was a natural choice for me because I'm typically the first point of contact for my patients when they have a concern. The relationship I build with my patients over time provides me the opportunity to maintain continuity and care for all members of the family which is extremely rewarding.

What do you enjoy most about being a physician?

The people! I thoroughly enjoy interacting with patients of all ages and backgrounds. I see my job as empowering every patient with the knowledge, insight and hope to improve their health at any age. While I'm undoubtedly clinically-focused, I also love sharing stories and experiences at the human level to connect and build mutual trust with those I serve.

What is your philosophy of care?

Every patient is a unique individual, and active listening is the key to defining and achieving the optimal direction of care.

What are your hobbies and interests?

I love spending time with my family, sharing meals, watching movies, walking, and traveling. I enjoy exercising and reading.

Why did you decide to become a physician?

I decided to become a physician because of my deep desire to help patients through their healing journey. Compassion and active listening lead to outstanding care and I feel privileged to work in a vocation where I can combine my analytical and clinical skills with my love for people.

Services we offer include:

ROUTINE MEDICAL CARE, INCLUDING PHYSICAL EXAMS, MEDICATION MANAGEMENT, AND CHRONIC DISEASE MONITORING AND MANAGEMENT.

COORDINATION OF CARE WITH SPECIALIST AND OTHER HEALTHCARE PROVIDERS. WE CAN SERVE AS YOUR PRIMARY CARE PROVIDER OR WORK WITH YOUR EXISTING PROVIDER.

MENTAL HEALTH SERVICES, INCLUDING COGNITIVE ASSESSMENTS, SCREENINGS, AND COUNSELING.



COORDINATION WITH FAMILY MEMBERS AND CAREGIVERS THROUGH OUR EXTENDED CARE TEAM.

ACCESS TO COMMUNITY RESOURCES AND SUPPORT SERVICES. REFERRALS AND RELATIONSHIPS WITH SERVICES AND PROVIDERS TO COVER ANY GAPS IN YOUR CURRENT CARE NEEDS.

We understand the importance of building a **strong, trusting relationship** with our patients and their families. We take the time to **listen** to your concerns and work together to develop a **personalized care plan** that meets your individual needs.

If you or a loved one are looking for **compassionate, high-quality physician services for older adults**, please contact us to schedule a consultation. We look forward to meeting you and working together to support your health and well-being.



CALL AND SCHEDULE YOUR APPOINTMENT TODAY

OAK BROOK

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