



## Dr. Enas Kanama, M.D.

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**SPECIALTIES:** TBD

**UNDERGRADUATE:** TBD

**RESIDENCY:** TBD

**CREDENTIALS:** TBD

### How did you choose your specialty?

Family medicine was a natural choice for me because I'm typically the first point of contact for my patients when they have a concern. The relationship I build with my patients over time provides me the opportunity to maintain continuity and care for all members of the family which is extremely rewarding.

### What do you enjoy most about being a physician?

The people! I thoroughly enjoy interacting with patients of all ages and backgrounds. I see my job as empowering every patient with the knowledge, insight and hope to improve their health at any age. While I'm undoubtedly clinically-focused, I also love sharing stories and experiences at the human level to connect and build mutual trust with those I serve.

### What is your philosophy of care?

Every patient is a unique individual, and active listening is the key to defining and achieving the optimal direction of care.

### What are your hobbies and interests?

I love spending time with my family, sharing meals, watching movies, walking, and traveling. I enjoy exercising and reading.

### Why did you decide to become a physician?

I decided to become a physician because of my deep desire to help patients through their healing journey. Compassion and active listening lead to outstanding care and I feel privileged to work in a vocation where I can combine my analytical and clinical skills with my love for people.



## Services we offer include:

- Routine medical care, including physical exams, medication management, and chronic disease monitoring and management.
- Coordination of care with specialist and other healthcare providers. We can serve as your primary care provider or work with your existing provider.
- Coordination with family members and caregivers through our extended care team.
- Access to community resources and support services. Referrals and relationships with services and providers to cover any gaps in your current care needs.
- Mental health services, including cognitive assessments, screenings, and counseling.

We understand the importance of building a **strong, trusting relationship** with our patients and their families. We take the time to **listen** to your concerns and work together to develop a **personalized care plan** that meets your individual needs.

If you or a loved one are looking for **compassionate, high-quality physician services for older adults**, please contact us to schedule a consultation. We look forward to meeting you and working together to support your health and well-being.



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APPOINTMENT TODAY